

State of Rhode Island and Providence Plantations GUBERNATORIAL PROCLAMATION

Wear Red Day

WHEREAS, Wear Red Day celebrates the extraordinary progress in women's heart health and recognizes that more needs to be done in Rhode Island to safeguard women's health for generations to come; and

WHEREAS, heart disease is the primary killer of women; and

WHEREAS, most women do not know that heart disease is a woman's problem and they do not take it seriously; and

WHEREAS, the risk factors for heart disease are smoking, high blood pressure, high cholesterol and high triglyceride levels, overweight/obesity, physical inactivity, metabolic syndrome, diabetes and pre-diabetes, a family history of early heart disease, age, history of preeclampsia; and

WHEREAS, women can promote their own heart health and prevent disease and illness by taking steps to prevent and control the heart disease risk factors; and

WHEREAS, keeping women healthy and promoting awareness of women's health issues, including heart health, is an important responsibility and depends on the actions of many organizations and groups in our community; and

WHEREAS, women's health remains a priority for families, communities, and government, and our commitment to keeping women healthy is stronger than ever; and

WHEREAS, the Heart Truth campaign and its Red Dress symbol are building awareness of women's heart disease risk and empowering them to reduce their risk and prevent heart disease; and

WHEREAS, women need to take action to make heart health a priority for themselves and their families, become aware of their heart disease risk, and take action to control their risk; and

NOW, THEREFORE, I, Lincoln D. Chafee, Governor of the State of Rhode Island and Providence Plantations, do hereby proclaim February 1, 2013 as Wear Red Day and encourage all residents to recognize the importance of this day.

A. Ralph Mollis Secretary of State Lincoln D. Chafee Governor

Given under my hand and the great seal of the State of Rhode Island

and Providence Plantations, this 31^{s7} day of January, 2013